

SOCIETY OF BEHAVIOURAL HEALTH,
SINGAPORE

Inaugural Scientific Meeting & Symposiums

29 SEPTEMBER 2018, SAT | 9AM-5PM
NANYANG TECHNOLOGICAL UNIVERSITY,
LEE KONG CHIAN SCHOOL OF MEDICINE
HEADQUARTERS & CLINICAL SCIENCES BUILDING
11 MANDALAY ROAD, 308232

In collaboration with institutional partners, various international experts in behavioural health, governmental and non-governmental organisations, through this scientific meeting, the society hopes to promote the application of behavioural science in multi-disciplinary population health and provide insights in behavioural research and practice in patient and community care in the Singapore context.

PROGRAMME OVERVIEW

- 0830 - 0900** - Registration
- 0900 - 0930** - Opening address & welcome
- 0930 - 1205** - Plenary sessions
- 1205 - 1300** - Lunch
- 1300 - 1610** - Symposia:
 - Track I: Symposia I & II
 - Track II: Symposia III & IV
- 1610 - 1700** - Discussion and closing remarks

PRELIMINARY PROGRAMME

Society of Behavioural Health, Singapore's Inaugural Scientific Meeting
(Updated as of 13 August 2018)

0830 – 0900

Registration

0900 – 0930

Opening address

Professor Teo Yik Ying

Dean, Saw Swee Hock School of Public Health, National University of Singapore

Professor Pang Weng Sun

Vice Dean, Clinical Affairs, Lee Kong Chien School of Medicine, Nanyang Technological University

Professor Leo Yee Sin

Executive Director, National Centre for Infectious Diseases

Plenary sessions

0930 – 0955

Sociocultural and Biobehavioural Mechanisms and Psychosocial Interventions in Cancer Survivorship

Professor Frank J Penedo

President of International Society of Behavioural Medicine; Professor, University of Miami; Associate Director for Survivorship and Translational Behavioral Sciences, Sylvester Comprehensive Cancer Center

0955 – 1020

Diabetes Prevention: Learnings from Kerala, India and other countries

Professor Brian Oldenberg

Chair of Non-Communicable Disease Control and Director of the Centre for Health Equity in the Melbourne School of Population and Global Health, University of Melbourne

1020 – 1050

- Tea Break -

1050 – 1115

Improving adolescent mental health: evidence, advocacy, and implementation

Professor Joseph Lau

Founding President, Hong Kong Society of Behavioural Health; Professor and Head, Behavioural Health and Health Promotion, Chinese University of Hong Kong

Plenary sessions (Cont'd)

1115 - 1140

Nudging Singaporeans to Better Health

Ms Nicole Lim

*Deputy Director (Programme Evaluation), Research & Surveillance Division, Policy, Research & Surveillance Group
Health Promotion Board*

1140 - 1205

Thinking self-compassionately about cancer

Professor Kerry Sherman

*Deputy Head, Learning and Teaching, Department of Psychology,
Macquarie University, Sydney, Australia*

1205 - 1300

- Lunch -

1300 - 1610

Symposia - Tracks I and II would be conducted concurrently. Participants are to select 1 of the 2 tracks. Please refer to the last 4 page for the preliminary programme.

TRACK I:

Symposia I: Infectious disease

Symposia II: Cardiometabolic Disease and Digital Technology in Healthcare

TRACK II:

Symposia III: Aging and community health

Symposia IV: Mapping behavioural risks and scoping community service

1610 - 1620

- Break -

1620 - 1650

Panel Discussion

- Challenges and issues in behavioural health practice in Asia

- Recommendations for translational research and practice

1650 - 1700

Closing Remarks

A/ Professor Wong Mee Lian

Pro-tem President, Society of Behavioural Health, Singapore

SYMPOSIUM: TRACK I

Symposium I: Infectious diseases

1300 – 1315

Behavioural research and issues in Antimicrobial resistance

Associate Professor Angela Chow

Head, Institute of Infectious Diseases & Epidemiology, Communicable Disease Centre, Tan Tock Seng Hospital

1315 – 1330

Design and evaluation of behavioural interventions in prevention and control of sexually transmitted infections in Singapore: challenges and lessons learnt

Associate Professor Wong Mee Lian

Associate Professor, Saw Swee Hock School of Public Health, National University of Singapore

1330 – 1345

Acceptability of HIV Pre-Exposure Prophylaxis amongst men who have sex with men and transgender women in Singapore

Dr Wong Chen Seong

Consultant, Communicable Disease Centre, Tan Tock Seng Hospital

1345 – 1400

Developing a typology of sexual health-seeking behaviours among gay, bisexual, and other men who have sex with men in Singapore: Conceptualising frameworks to guide behavioural interventions

Mr Rayner Tan

PhD student, Saw Swee Hock School of Public Health

1400 – 1420

Panel Q&A

1420 – 1450

- Tea Break -

SYMPOSIUM: TRACK I

Symposium II: Cardiometabolic Disease and Digital Technology in Healthcare

1450 – 1505

Topic to be confirmed

Dr Kalpana Bhaskaran
Vice President, Diabetes Singapore

1505 – 1520

Smartphone apps for diabetes management: A global overview

Associate Professor Josip Car
Associate Professor of Health Services Outcomes Research,
Lee Kong Chian School of medicine, Nanyang Technological
University

1520 – 1535

Enhancing adherence with cancer screening using mobile health strategies – a randomized controlled trial

Professor Martin CS Wong
*Professor and Associate Director (General Affairs), JC School
of Public Health and Primary Care, Hong Kong*

1535 – 1550

How digital technologies are changing health care delivery in China?

Associate Professor Xuefeng Zhong
*Principal Scientist – Behavior Science, Digital Health,
Department of Personal Health, Philips Research China –
Shanghai; Adjunct Associate Professor – The Chinese
University of Hong Kong (CUHK)*

1550 – 1610

Panel Q&A

SYMPOSIUM: TRACK II

Symposium III: Aging and community health

1300 – 1315 **Behavioural interventions to promote cognitive health in ageing: what we can do?**

Dr Feng Lei

*Principal Investigator and Research Assistant Professor,
Department of Psychological Medicine, Yong Loo Lin School
of Medicine, National University of Singapore*

1315 – 1330 **Community based interventions for healthy ageing**

Associate Professor Fong Ngan Phoon

*Adjunct Associate Professor, Saw Swee Hock School of Public
Health*

1330 – 1345 **Community care - the need for intervention to support patients and families on home based dialysis**

Associate Professor Konstadina Griva

*Associate Professor Centre for Population Health Sciences,
Lee Kong Chian School of Medicine, Nanyang Technological
University*

1345 – 1400 **Explaining the continuum of social participation among older adults in Singapore: from active ageing in the community to 'closed doors'**

Ms Aw Su

PhD student. Saw Swee Hock School of Public Health

1400 – 1420 Panel Q&A

1420 – 1450 – Tea Break –

SYMPOSIUM: TRACK II

Symposium IV: Mapping behavioural risks and scoping community service

1450 – 1505	A joint spatial analysis of behavioral risk factors for cardiovascular disease in the UK and Japan Dr Stuart Gilmour Associate Professor, The University of Tokyo
1505 – 1520	Representative from TOUCH Community Services Topic to be confirmed
1520 – 1535	Shan You's planned services in behavioural health Dr Lim Kok Kwang <i>Director of Professional Training and Development, Shan You</i>
1535 – 1550	Burnout and Resilience in Health Care Professionals – regional challenges and opportunities Dr Karen Morgan Deputy Dean, Perdana University/ Royal College Dublin, Malaysia
1550 – 1610	Panel Q&A